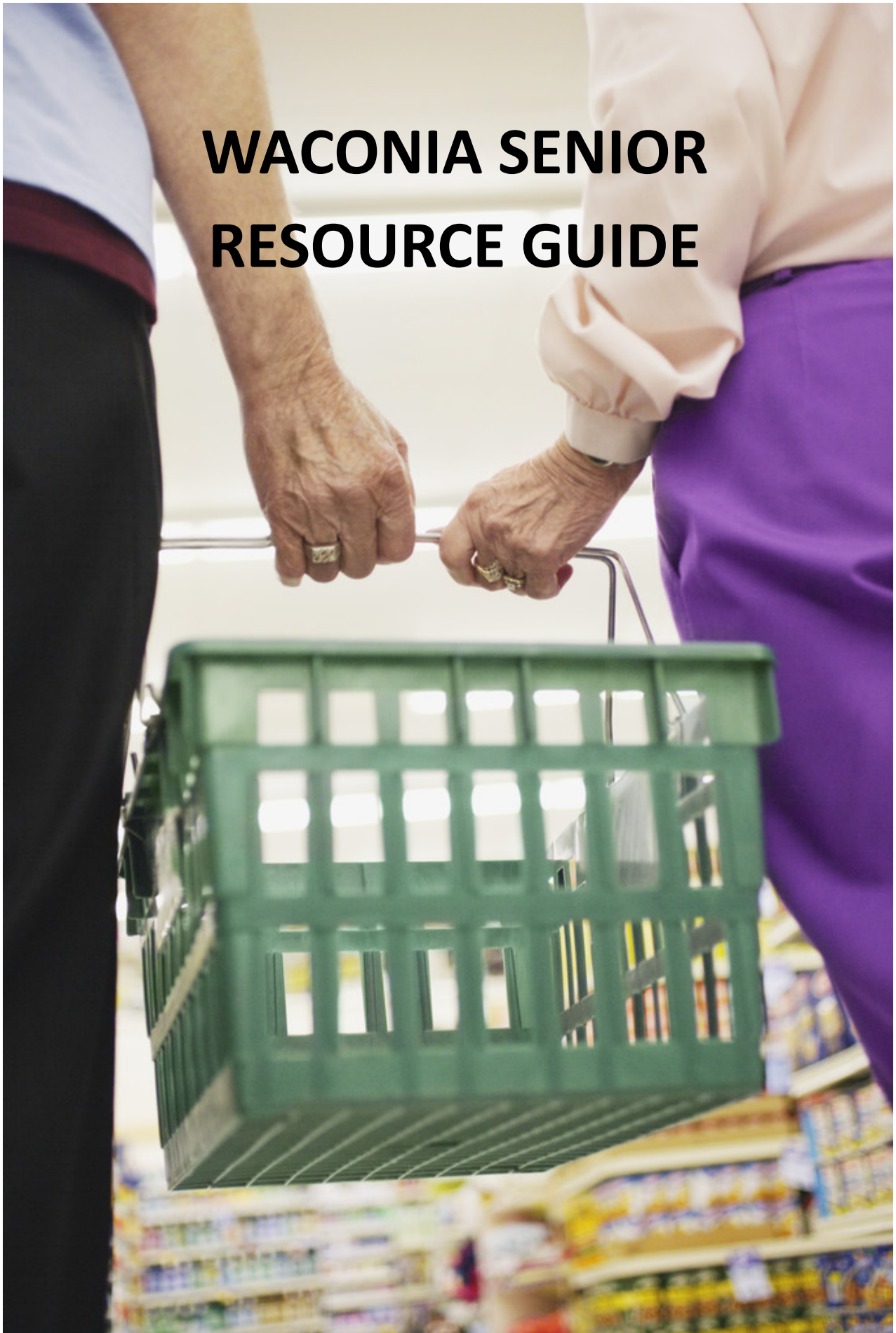


WACONIA SENIOR RESOURCE GUIDE



GENERAL INFORMATION

For emergency help call: 9-1-1

Carver County Sheriff's Office
Non-emergency: 952-361-1231

CAP Agency
712 Canterbury Road South
Shakopee, MN 55379
952-496-2125
Direct Line: 952-402-9835
www.capagency.org

Carver County
952-361-1500
www.co.carver.mn.us

Department of Veterans Affairs
1-877-838-2778 or
1-800-827-1000

Medicare
1-800-Medicare (1-800-633-4227)
www.medicare.gov

Mental Health Crisis Line (24 Hours)
952-442-7601

Poison Control
1-800-222-1222

**S.A.F.E.R. Office (Search And Find
Emergency Responders)**
952-442-2300
www.safermn.net

Senior LinkAge Line®
1-800-333-2433
www.tcaging.org
Assists older adults & their families
to locate community services.

Social Security
1-800-772-1213
www.ssa.gov

Veteran Services
952-442-2323

Waconia City Hall
201 South Vine Street
Waconia, MN 55387
952-442-2184
www.waconia.org

Waconia Patriot (Newspaper)
8 South Elm Street
Waconia, MN 55387
952-442-4414

Waconia Post Office
208 Elm Street South
Waconia, MN 55387
952-442-2928

FOREWORD

The Waconia Senior Resource Guide is an ongoing project developed by the Waconia Commission on Aging. The guide is intended to be a starting point for Waconia's aging residents and their caregivers as they search for the goods and services they need in their endeavor to live full, meaningful and happy lives. It is more an ideas source than an absolute and final place to find everything you want or need.

The first edition of the Guide, published in 2010, is one of the first projects of the Commission on Aging. The Commission was formed in 2009 by the Waconia City Council for the purpose of understanding and getting input on the current and future needs of the aging population of the City. The aging population of the City of Waconia as a percentage of the total population in the city is the largest of any municipality in Carver County. This is due largely in part because of the excellent health care services and facilities located within the city. This high ratio of aging residents is not likely to change any time soon. The City Council recognizes this significant population base and wishes to be ahead of the curve in meeting their needs in government provided services, local ordinances, and future planning.

This Guide is limited to resources that are located in Waconia or will serve you in your home in Waconia. There are many other very good resources and services available throughout Carver County and the adjacent area that you may want to explore on your own. More specific listings can be found in the phone directory, the yellow pages, or on-line. If you have suggestions for changes or input for additions, please contact the Waconia City Hall via phone at 952-442-3103, via e-mail to jschwerm@waconia.org, via mail or in person at City Hall.

This Guide will be updated in print annually, but for users looking for the most up to date information, the Guide can be found on-line at www.waconia.org. The on-line version will be updated as changes occur and are discovered. The annual printed version will be updated to match this on-line version.

The Waconia Commission on Aging has made reasonable effort to include all local providers in each of the categories included in this guide. Any omissions are purely unintentional and will be corrected as we become aware of them. Also, the Commission does not warrant the work or services of any of the providers listed. Any issues with quality of services or work are strictly between the provider and the customer.

EDUCATION

Continuing Education and Lifelong Learning

Carver County Historical Society

555 1st Street West, Waconia 952-442-434

www.carvercountyhistoricalsociety.org

Carver County Library

217 South Vine Street, Waconia
952-442-4714

www.carverlib.org

Crown College

8700 College View Drive
St. Bonifacius, MN 55375
952-446-4300

www.crown.edu/ags

Adult education and enrichment classes.

District #110 Community Education

516 Industrial Boulevard, Waconia
952-442-0610

www.waonicommunityed.org

Ridgeview Medical Center

500 South Maple Street, Waconia
952-442-2191

www.ridgeviewmedical.org

Varied classes and seminars.

433 West 5th Street, Waconia
952-442-

Varied speakers and seminars.

Libraries

Carver County Library

217 South Vine Street
Waconia, MN 55387
952-442-4714

www.carverlib.org

Ridgeview Medical Center

500 South Maple Street
Waconia, MN 55387
952-442-2191

www.ridgeviewmedical.org

FINANCES

Personal Loans

Security Bank

539 South Elm Street
Waconia, MN 55387
952-442-5161

www.security-banks.com

*Also located in store at:
Mackenthun's County Market
851 Marketplace Drive
Waconia, MN 55387
952-442-5955*

Klein Bank

53 West Main Street
Waconia, MN 55387
952-442-2265

www.kleinet.com

Mid Country Bank

200 East Frontage Road
Waconia, MN 55387
952-442-2141

www.midcountrybank.com

HomeTown Bank

641 Marketplace Drive
Waconia, Mn 55387
952-230-3850

www.htbmn.com

Tax Help

Carver County Library

217 South Vine Street
Waconia, MN 55387
952-442-4714

www.carverlib.org

(During tax season only.)

FOOD AND NUTRITION

Emergency Food Supplies

Waconia United Food Shelf

11 South Elm Street
Waconia, MN 55387
952-442-3878

Providing food for the community of Waconia.

Hours:

*Monday & Friday 9:00 AM-Noon
Tuesday&Thursday 4:00 PM-7:00 PM
Saturday 9:00 AM-Noon*

(For drop off or picking up food).

General Food Resources

Mackenthun's Fine Groceries

851 Marketplace Drive
Waconia, MN 55387
952-442-2512
www.mackenthuns.com

Grocery Home Delivery

Coborn's

763-971-4900

www.cobornsdelivers.com

*Next day home delivery 7 days a week.
Insulated totes negate need to be home at
delivery.*

Over 10,000 items.

Credit cards or checks.

On-line ordering only.

Grocery Home Delivery (Cont'd)

Mackenthun's Fine Groceries

851 Marketplace Drive
Waconia, MN 55387
952-442-2512

www.mackenthuns.com

*Grocery deliveries to individuals at nursing
homes and senior living centers.*

Only by telephone.

Schwan's Home Service

1-888-schwans

www.schwans.com

*Credit cards, checks, cash, debit cards, and
electronic food stamps.*

On-line ordering.

Next day home delivery 7 days a week.

*Insulated totes negate need to be home at
delivery. Meats, vegetables and quick,
complete meals.*

Home Delivered Meals

Waconia Meals on Wheels

233 South Olive Street

Waconia, MN 55387

(American Legion Building)

952-442-5478

*Monday through Friday delivery of lunch
meals to those who sign up. Meals are
delivered by area churches.*

HEALTH CARE

Adult Day Services

ENCORE: Adult Day Services Program

609 1st Street West
Waconia, MN 55387
952-442-7660

The Encore Program is an adult day program that is part of Carver County Social Services. It provides services designed to meet the needs of older adults and others along with their caregivers.

Monday - Friday from 7:30 AM to 4:30 PM.

Assistive Services and Medical Equipment

Carver County Veteran Services

555 West 1st Street
Waconia, MN 55387
952-442-2323

Ridgeview Home Medical Equipment

501 South Maple Street, Suite 2
Waconia, MN 55387
952-442-2283

SmartLink Transit

200 Fourth Avenue West
Shakopee, MN 55379-1220
952-496-8610

www.smartlinktransit.com

Regular stops and pick-ups for grocery, medical and social outings.

Chiropractic Care

Lakeshore Chiropractic

584 South Cherry Drive
Waconia, MN 55387
952-442-2409
Chiropractor.

Neubauer Chiropractic Health Center

20 Main Street West
Waconia, MN 55387
952-442-9876
Chiropractic health.

Soltis Family Chiropractic

32 Main Street East
Waconia, MN 55387
952-442-9727

Waconia Chiropractic Clinic

137 First Street West
Waconia, MN 55387
952-442-4555

Waconia Family Chiropractic

9384 Oak Ave
Waconia, Mn 55387
952-442-3220

HEALTH CARE

Clinics

Edina Eye Physicians & Surgeons

560 South Maple Street, Suite 110
Waconia, MN 55387
952-832-8110

Multispecialty ophthalmology practice that provides a full range of today's most advanced eye care services and treatments.

The Institute of Low Back & Neck Care

560 South Maple Street, Suite 30
Waconia, MN 55387
952-814-6600

Provides multiple spine care specialties. Rehabilitation specialists & orthopedic surgeons offer safe and proven innovative back and neck treatments.

Kidney Specialists of Minnesota, PA

490 South Maple Street, Suite 216A
Waconia, MN 55387
763-544-0696

Provides services to patients with chronic kidney disease, hypertension, diabetes, kidney transplants, kidney disorders, and end stage renal disease.

Lakeview Clinic

424 West State Highway 5
Waconia, MN 55387
952-442-4461

Minneapolis Clinic of Neurology

490 South Maple Street, Suite 204
Waconia, MN 55387
763-588-0661

Treat patients with a wide range of neurological conditions.

Minneapolis Heart Institute at Ridgeview Heart Center

500 South Maple Street
Waconia, MN 55387
952-442-7843

Ridgeview Medical Center has partnered with the Minneapolis Heart Institute at Abbott NW Hospital to provide enhanced cardiovascular services in the Waconia area.

Minnesota Oncology Hematology

560 South Maple Street, Suite 100
Waconia, MN 55387
952-442-6006

Specialized medical group dedicated solely to the diagnosis and treatment of various cancers as well as many blood disorders.

Minnesota Otolaryngology

490 South Maple Street
Waconia, MN 55357
952-925-5626

HEALTH CARE

Clinics (Cont'd)

The Ridgeview Balance Center

560 South Maple Street, Suite 40
Waconia, MN 55387
952-442-8079

Assists patients who are dizzy, have balance problems or may have experienced a fall. Assess all aspects of a patient's balance system including the inner ear, vision and muscle system.

Ridgeview Regional Radiation Oncology

560 South Maple Street, Suite 10
Waconia, MN 55387
952-442-6000

Provides cutting-edge radiation therapy.

Ridgeview Rehab Specialties

560 South Maple Street, Suite 210
Waconia, MN 55387
952-442-7850

Outpatient occupational, physical, and speech therapy.

Western OB/Gyn Ltd.

560 South Maple Street, Suite 130
Waconia, MN 55387
952-442-2137

Western Orthopedic & Sports Medicine

560 South Maple Street, Suite 30
Waconia, MN 55387
952-442-6525

HEALTH CARE

Dental Services

Midwest Dental

Bradshaw Professional Building
24 South Olive Street
Waconia, MN 55387
952-442-2518
Family dentistry.

DMA Dentistry

133 West 1st Street
Waconia, MN 55387
952-442-2816
www.dmadentistry.com
Family dentistry.

Hultgren & Hoxie Orthodontics

9354 Oak Avenue
Waconia, MN 55387
952-442-1707
www.hhorthodontics.com
Orthodontics.

Kruckman Family Dentistry

576 Cherry Drive
Waconia, MN 55387
952-679-4461
Family dentistry.

Oral & Maxillofacial Surgery

Specialists PA

490 Maple Street South, Suite 120
Waconia, MN 55387
952-442-5448
Dentist (Oral Surgeon).

William Oswald, DDS

9366 Oak Avenue
Waconia, MN 55387
952-442-4891
Family dentistry.

Waconia Dental

238 West 1st Street
Waconia, MN 55387
952-442-9773
www.waconiadental.com
Family dentistry, non-mercury fillings, digital x-rays, crowns, bridges and veneers, teeth whitening.

Hospitals

Ridgeview Medical Center

500 South Maple Street
Waconia, MN 55387
952-442-2191
www.ridgeviewmedical.org

HEALTH CARE

Massage Therapy

Balance Life

138 South Olive Street
Waconia, MN 55387
952-442-2288

www.BalanceLifeWaconia.com

Massage Therapy.

Healing Hands Club

44 West 1st Street
Waconia, Mn 55387
952-442-4522

Massage Therapy

Waterfront Therapeutic Massage & Wellness

4 East Main Street
Waconia, Mn 55387
952-442-4441

Massage Therapy

Mental Health Services

First Street Center

540 East 1st Street
Waconia, MN 55387
952-442-4437

<http://www.co.carver.mn.us/departments/CSS/mh/index.asp>

Clear Spring Counseling Center

137 West 1st Street
Waconia, MN 55387
952-442-5005

The Haven in Waconia

508 Industrial Boulevard
Waconia, MN 55387
952-442-6227

www.havenchemicalhealth.com

Ridgeview Medical Center

952-442-2191

www.ridgeviewmedical.org

HEALTH CARE

Pharmacies

Mackenthun's Pharmacy

851 Marketplace Drive
Waconia, MN 55387
(inside Mackenthun's)
952-442-4407

www.mackenthuns.com

(listed under departments)

*Pharmacy with most health plans
accepted.*

Hours:

*Monday - Friday 8:00 AM - 8:00 PM
Saturday 9:00 AM - 5:00 PM
Sunday 10:00 AM - 2:00 PM*

CVS Pharmacy

875 East Main Street
Waconia, MN 55387
952-442-9334

www.target.com (select pharmacy)

Hours:

*Monday - Friday 9:00 AM - 9:00 PM
Saturday 9:00 AM - 6:00 PM
Sunday 9:00 AM - 6:00 PM*

Waconia Pharmacy

(Inside Lakeview Clinic)
430 Highway 5 West
Waconia, MN 55387
952-442-4575

Hours:

*Monday - Friday: 8:30 AM - 6:00 PM
Saturday: 8:30 AM - 1:00 PM*

Walgreens

1221 Depot Drive
Waconia, MN 55387
952-442-2146

www.walgreens.com

(select Pharmacy)

Hours are:

*Monday - Friday: 9:00 AM - 9:00 PM
Saturday: 9:00 AM - 6:00 PM
Sunday: 10:00 AM - 6:00 PM*

HOUSING

Market Rate Senior Apartments

Crossings at Town Centre

200 South Olive Street
Waconia, MN 55387
952-442-8232
68 units.

Old City Hall Apartments

9 West 1st Street
Waconia, MN 55387
952-471-0111
12 units.

Westview Acres

433 West 5th Street
Waconia, MN 55387
952-442-5459
Senior housing with services and assisted living.

Nursing Facilities

Auburn West Nursing Home

594 Cherry Drive
Waconia, MN 55387
952-442-2546
38 bed care facility.

New Perspectives

500 South Cherry Street
Waconia, MN 55387
952-442-1261
www.newlifestyles.com
59 assisted living units and 26 memory units.

Nursing Facilities (Cont'd)

Good Samaritan Society, Waconia

333 West 5th Street
Waconia, MN 55387
952-442-5111
20 bed short term rehabilitation and 80 bed long term care center.

Subsidized Senior Rental

Evergreen Apartments

100 West 3rd Street
Waconia, MN 55387
952-442-5276
46 units. Five-story apartment building which features a community room, congregate dining, and cable tv. Limited parking available for residents.

Spruce Apartments

Waconia, MN 55387
952-448-7715
12 units.

Maplecrest Commons

300 West 1st Street
Waconia, MN 55387
952-442-2984
20 units. A three-story apartment building with an elevator and a community room.

INSURANCE

A. A. Segner Insurance Agency

717 West First Street
Waconia, MN 55387
952-442-2713

www.segnerinsurance.com

Auto, home, life and health insurance.

American Family Insurance

41 West First Street
Waconia, MN 55387
952-442-4322

Auto, home, life and health insurance.

Ameriprise Financial

9362 West Oak Avenue
Waconia, MN 55387
952-841-8159

Financial planning consultant.

Edward Jones-Chuck Scmidt

718 Vista Boulevard
Waconia, MN 5587
952-442-4524

Life insurance, annuities, long term care, investments.

Edward Jones-Ryan Pederson

641 Marketplace Dr Suite 4
Waconia, Mn 55387
952-442-1016

Life insurance, annuities, long term care, investments.

Farm Bureau Insurance

24 South Olive Street
Waconia, MN 55387
952-442-4402

Auto, home, life and health insurance.

Farmers Insurance Group-Anthony Bell

17 West 1st Street
Waconia, MN 55387
952-479-1370

Auto, home, business, and work comp.

Focus Financial Network Inc. & Royal Alliance Associates

124 West Main Street
Waconia, MN 55387
952-442-6352

Financial planning consultant.

Prudential Financial

222 West Main Street
Waconia, MN 55387
952-442-2313

- *Auto, home, life and health insurance.*
- *Financial services.*

INSURANCE

Scholla Financial, Inc.

20 South Elm Street
Waconia, MN 55387
952-442-5600

- *Applications and service for Medicare Supplement Plans, Medicare Advantage Plans and Medicare Prescription Drug Plans.*
- *Help in applying for Medical Assistance and Government Assistance Programs.*
- *Life and Health Insurance, Annuities, Long Term Care.*

State Farm-Tim Emerson

9350 Oak Avenue
Waconia, MN 55387
952-442-1357

- *Auto, home, life and health insurance.*
- *Financial services.*

State Farm-Jeff Born

56 West Main Street
Waconia, MN 55387
952-442-5004

- *Auto, home, life and health insurance.*
- *Financial services.*

Thom Insurance Agency

40 South Elm Street
Waconia, MN 55387
952-442-2963

Auto, home, business, and work comp.

Thrivent Financial for Lutherans

109 West Main Street
Waconia, MN 55387
952-442-8461

Life and health insurance and financial services for Lutherans.

PARKS AND RECREATION

Community Centers

Safari Island Community Center

1600 Community Drive
Waconia, MN 55387
952-442-0695

www.waconia.org

Community Center with recreation and exercise opportunities.

swimming

aerobic

weight room

walking and running track

gymnasiums

meeting rooms

senior rate

Silver and Fit Fitness Program Classes for those 55+

Fitness

Crusher Crossfit

219 Ease Frontage Road
Waconia, MN 55387
952-856-0299

Shape it Up Fitness

141 West 1st Street
Waconia, MN 55387
952-215-7431

Snap Fitness

1309 oak Ave
Waconia, MN 55387
952-442-3815

www.snapfitness.com

9 Round Kickboxing

246 West 1st Street
Waconia, MN 55387
952-442-3304

Ice Arena

Waconia Ice Arena

1250 Oak Avenue
Waconia, MN 55387
952-442-RINK (7465)

www.waconia.org

Carver County Parks

www.co.carver.mn.us/

[parks](#) 952-466-5250

Baylor Regional Park

10775 County Road 33
Norwood Young America, MN 55397

Lake Minnewashta Regional Park

6900 Hazeltine Boulevard
Chanhassen, MN 55331

Lake Waconia Regional Park

8170 Paradise Lane
Waconia, MN 55387

PARKS AND RECREATION

www.waconia.org

952-442-5802

Waconia Community Parks

Brook Peterson Park

1200 Oak Avenue, Waconia

Cedar Point Park

130 North Cedar Street, Waconia

City Square Park

101 East Main Street, Waconia

Lion's Skate Park

1200 Oak Avenue, Waconia

Waconia Neighborhood Parks

Bent Creek Park

1401 Mockingbird Drive, Waconia

Clearwater Mills

300 East 15th Street, Waconia

Fountain Park

200 Second Street West, Waconia

Fox Run Park

1205 Highway 284, Waconia

Hilks Lake Park

1568 Woodlawn Circle, Waconia

Interlaken Park

1270 Interlaken Parkway, Waconia

Waconia Neighborhood Parks

Lakeview Terrace Park

50 Lakeview Terrace, Waconia

Legacy Village Park

860 Vista Boulevard, Waconia

Oakpointe Park

1431 Sparrow Road, Waconia

Old Towne Park

1 First Street West, Waconia

Pheasant Ridge Park

1150 Burandt Boulevard, Waconia

Pinehill Park

1262 Pinehill Boulevard, Waconia

Sudheimer Park

1500 Barton Street, Waconia

Sugarbush Park

1255 Waconia Parkway North, Waconia

Vista Point Park

829 Vista Boulevard, Waconia

Waterford Park

1702 Ravencroft Road, Waconia

Wildhurst Park

1300 Highway 284, Waconia

Windmill Creek Park

1140 Windmill Creek South, Waconia

SALON SERVICES

Pedicures - Manicures

Bella Nails & Spa

714 Vista Blvd.
Waconia, MN 55387
952-442-2892

First Nails

216 West 1st Street
Waconia, Mn 55387
952-442-7449

Venus Nails

777 Market Place Drive
Waconia, MN 55387
952-442-2170

Hair Salons

Cutting Edge Concept Salon

241 First Street West
Waconia, MN 55387
952-442-1200

Fantastic Sams

740 Vista Blvd
Waconia, MN 55387
952-442-9090

Hair Salons (Cont'd)

First Street Hair Studio

44 West 1st Street
Waconia, MN 55387
952-442-4575

Great Clips

769 Market Place Drive
Waconia, MN 55387
952-442-9840

Off the Top Hairstyling

9364 Oak Avenue
Waconia, MN 55357
952-442-1777
www.offthetophairstyling.com

Salon Trende

542 Elm Street South
Waconia, MN 55387
952-442-1361

The Short Cut

132 Main Street West
Waconia, MN 55387
952-442-5411

TRANSPORTATION

Carver County Veteran Services

555 West 1st Street
Waconia, MN 55387
952-442-2323

www.co.carver.mn.us

Transportation to Veteran's Hospital.

Waters Edge Transportation

380 Industrial Boulevard
Waconia, MN 55387
952-442-7022

Non-emergency medical transportation.

SmartLink Transit

200 Fourth Avenue West
Shakopee, MN 55379
Alan Herrmann, Transit Supervisor
952-496-8610

www.smartlinktransit.com

NYA Taxi Service

952-446-3829

VOLUNTEERING

Waconia Public Schools

512 Industrial Blvd.
Waconia, MN 55387
952-442-0600

www.waconia.k12.mn.us

(you can select school from there)

Help in the classrooms, reading, indoor recess, class parties, pen pals, special projects, breakfast or lunch buddies, etc.

VETERINARIANS

Interlaken Centre

8750 Highway 5
Waconia, MN 55387
952-442-4421
1-888-452-4421

www.interlakencentre.com

Large and small animals.

Waconia Veterinary Clinic

113 Highway 5 East
Waconia, MN 55387
952-442-2119

www.waconiavet.com

Large and small animals.

VOLUNTEERING

Carver County Library - Waconia

217 South Vine Street

Waconia, MN 55387

952-442-4714

Contact:

Tari Clay, Volunteer Coordinator

952-448-9392

tclay@co.carver.mn.us

www.carverlib.org/yourlibrary/friends.php

- Shelving & Shelf-Reading
- Internet Trainer
- Tax Assistance
- Bookdrop Assistance
- Homebound Delivery
- Storytime
- Summer Reading
- Library Foundation
- Friends of the Library
- Other Positions

Good Samaritan Society, Waconia

333 West Fifth Street

Waconia, MN 55387

952-442-5111

Volunteering opportunities.

Ridgeview Medical Center

500 South Maple Street

Waconia, MN 55387

952-442-2191 ext. 5570

(Volunteer services)

www.ridgeviewmedical.org (under quick links, select "volunteer at ridgeview")

email: volunteers@ridgeviewmedical.org

Nonprofit independent 109 bed hospital.

Opportunities to volunteer include patient care, administrative, guest services, and special projects such as sewing.

Volunteers of America®

Minnesota

7625 Metro Blvd.

Minneapolis, MN 55439

952-945-4000

www.voamn.org

Provide opportunities which will make a significant, lasting impact in the lives of our program participants, and to elicit community support for our program participants.

Waconia United Food Shelf

11 South Elm Street

Waconia, MN 55387

952-442-3878

Providing food for the community of Waconia.

Hours of Operation:

Monday & Friday 9:00 AM - Noon Tuesday &

Thursday 4:00 PM - 7:00 PM

(for drop off or picking up food).

Westview Acres

433 West Fifth Street

Waconia, MN 55387

952-442-5111

Volunteering opportunities.

