

DATE NIGHT: ADULT STAND UP PADDLEBOARD



Bring your sweetie out to Lake Waconia Regional Park to try this new and exciting adventure paddling sport! Born from Hawaiian surf culture, paddleboards can provide an excellent balance and core workout or they can just be a fun, relaxing and easy method of exploring the lake. This program is designed for beginner level paddlers. Instruction will start on land with brief water safety, balance tips, and paddling strokes. As the class progresses, you will have the opportunity to experience the exhilaration of pushing your balance limits and splashing into the water—lots of smiles ahead! All necessary paddling equipment will be provided. Participants should come prepared to get wet; secure sandals or water shoes are recommended. This program will be held outdoors at Lake Waconia Regional Park and is a partnership between Carver County Parks Department and the City of Waconia Parks Department.

Location: Lake Waconia Regional Park
8170 Paradise Lane, Waconia

Date & Time: Course #4789
Friday, August 5
6:00 PM - 8:00 PM

Cost: \$20.00 per person

Ages: 21+

Register online at:
www.waconia.org/RecConnect



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